

Idaho Perinatal Quality Collaborative News

May 2026

The Idaho Perinatal Quality Collaborative works to improve the quality of maternal health outcomes for all Idahoans. We promote evidence-based best practices in perinatal and neonatal care, work to increase access, and improve the overall health and well-being of families. Together, we can achieve our goal of providing respectful, compassionate, and effective care to all who need it.



May is Maternal Mental Health Month



May 6 is World Maternal Mental Health Day! Many from around the world are leading efforts to raise awareness about maternal mental health through collective efforts – one great resource being [Postpartum Support International](#). Why is this important? As many as one in five new mothers experience some type of perinatal mood and anxiety disorder (PMAD). Often, these illnesses go unnoticed and untreated, often with tragic and long-term consequences to both the mother and the child.

Through building awareness, we can drive social change, improve quality of care, and reduce the stigma of maternal mental illness. Check out the official website [here](#).

Perinatal Substance Use Disorders 101: More Webinar Opportunities

The Policy Center for Maternal Health in partnership with Postpartum Support International, are putting on a few webinars between now and winter 2026.

Thursdays 10:30 a.m. PT, 1:30 p.m. ET

June 18, 2026 – [Register](#)

Sept. 10, 2026 – [Register](#)

Oct. 8, 2026 (All Spanish) Salud mental perinatal 101 (complementario) presentado en español – [Register](#)

Dec. 10, 2026 – [Register](#)

Check more out about these webinars and their dates [here](#).

Register Now for the 2026 IDPQC Annual Summit!



We are excited to announce that registration is now open for the 2026 IDPQC Annual Summit.

When: Thursday, Sept. 3, 2026

Where: The Riverside Hotel in Boise, Idaho.

Virtual Attendance Also available.

Attendance is **FREE** and topics will include:

- The State of the State: Maternal Health in Idaho
- Updates on Implementing the AIM Severe Hypertension in Pregnancy Patient Safety Bundle
- A look ahead at our next IDPQC Statewide Initiative: The AIM Perinatal Mental Health Patient Safety Bundle

More details will be shared about the event as we finalize the programming and event agenda, but

you can register now at the following link: [Idaho Perinatal Quality Collaborative - 2026 Annual Summit Registration Form](#)

We are pleased to bring back a vendor exhibition option at this year's event and have created a form for organizations that would like to be considered: [2026 IDPQC Summit - Vendor / Sponsorship Application](#)

Additionally, we are exploring the option of a room block at the Riverside Hotel. If you will need lodging in Boise to attend, please submit a response to this form: [2026 IDPQC Annual Summit - Room Block Interest Form](#).

This will help inform conversations with the hotel, and we will directly follow up with anyone who submitted a response with more information when it is available.

If you have any questions abouts these forms or the event itself, please reach out to Phillip Wetmore (pwetmore@comagine.org).

AIM Leveraging System Strengths to Solve Capacity Gaps in Limited-Resource Environments Community of Learning

This four-part Community of Learning (CoL) series examines how leadership, networks, flexibility and collaboration can equip Alliance for Innovation on Maternal Health (AIM) participating facilities operating in limited-resource environments to implement AIM patient safety bundles. The CoL will focus on how system strengths can be leveraged to address many of the current challenges, including competing priorities and limited capacity, the solo

champion reality, and how small denominators make traditional data analysis a challenge. Register [here](#).

Idaho Perinatal Quality Collaborative (IDPQC) - Rural Perinatal Care Hospital Info Form

The IDPQC is committed to supporting rural and critical access hospitals around the state of Idaho and would love to learn more about how we can help. If you work at a rural or critical access hospital, please take a moment to tell us more about your hospital by clicking the following link: [Idaho Perinatal Quality Collaborative \(IDPQC\) - Rural Perinatal Care Hospital Info Form](#).

Submission should only take five to 10 minutes. In addition to letting us know about the biggest needs of your hospital, you will also be able to submit information about key contacts at your institution, which will allow us to share resources and an invitation to an upcoming quarterly IDPQC Rural Perinatal Care meeting series.

The series started in January 2026, and brings together rural providers from around the state to share information and resources on requested topic. It also allows teams to network and collectively troubleshoot issues. These meetings will take place on the fourth Thursday every three months, from 3-4 p.m. MT, which the following meetings scheduled for 2026:

- July 23, 2026
- Oct. 22, 2026

To request an invite to these meetings, please complete the form sign up request form: [IDPQC - Rural Perinatal Care Quarterly Meeting Sign Up Request](#).

Contact Phillip Wetmore with any questions at pwetmore@comagine.org.

IDPQC Quarterly Targeted Webinars - Open Access



The IDPQC is hosting a series of open access learning opportunities as part of its implementation of the Severe Hypertension in Pregnancy patient safety bundle. **These webinars will be open to all attendees** and are intended to support collaboration and improved outcomes in various care settings.

Register for each session by clicking the titles below:

- [Collaborating with First Responders \[comaginehealth.zoom.us\]](https://comaginehealth.zoom.us) (Watch on Demand)
- [Severe Hypertension in Pregnancy: Considerations for Rural Settings \[comaginehealth.zoom.us\]](https://comaginehealth.zoom.us) (Watch on Demand)
- June 3, 2026 - [Perinatal Care for Emergency Department Teams \[comaginehealth.zoom.us\]](https://comaginehealth.zoom.us)
- Sept. 9, 2026 - [Hypertension Management for Direct-Entry and Community-Based Midwives \[comaginehealth.zoom.us\]](https://comaginehealth.zoom.us)

A Letter from Idaho Women, Infants, & Children (WIC)

Dear Health Care Providers,

On April 1, 2026, the Idaho WIC program updated our Medical Documentation Form (MDF), due to recent federal WIC food package changes. This form is used when WIC participants require medically needed changes to their WIC food packages or the use of an exempt/therapeutic formula or nutritional. This form is federally required and allows WIC to provide a variety of exempt/therapeutic formulas and nutritional products with the help of your offices. There are two versions of the MDF being shared, a [paper](#) and/or a [fillable PDF](#). The updated versions are available on our website, and were updated April 1, 2026. You can find the new versions [here](#). We have also provided an instructional video on using the updated form at <https://youtu.be/ImRBpII Nxw>.

Please reach out to WICNutrition@dhw.idaho.gov if you have any questions.

Thank you for taking such excellent care of our WIC families.

IDPQC Severe Hypertension Monthly Meetings

The IDPQC Severe Hypertension Initiative is underway! In addition to the open access quarterly meetings mentioned above, we are hosting a monthly series intended for members of hospitals that are enrolled in the initiative. These meetings occur on the first Wednesday of each month from 12-1 p.m. MT, and will have a variety of topics and focus areas throughout the initiative.

On the third Wednesday of each month from 12-1 p.m. MT, enrolled participants can also join us for **optional drop-in technical assistance office hours**. This series will provide an opportunity to receive targeted clinical guidance about the IDPQC Hypertension initiative, get support with the data submission process, or ask questions about the initiative in general.

If you have any questions about how to join these meetings, or anything else related to the IDPQC Severe Hypertension Initiative, please reach out to Phillip Wetmore (pwetmore@comagine.org).